

2025

OCTOBER

newsletter

Well it seems that we all pretty much got through our first month very well considering all the changes that we have been experiencing. We are very proud of all the children with their eagerness to learn new things and adaptability to new routine.

BIRTHDAY GREETINGS

Birthday greetings go out to all of the children who are celebrating their birthdays this month. Please speak to your teacher to make arrangements for your child to bring a special snack and beverage into the classroom on his/her special day.

Remember: no nut products please.

October brings us the themes Thanksgiving and Halloween. The letters of the month are D, E, F, G and H. The color of the month is orange, the shape of the month is the square and the number is 2. We will also be starting our Japanese language unit this month. This is very exciting as we will be learning how to count from 1- 10, words and songs from now until Christmas (did I just use the C word?). Please bring something that is orange for our orange board labeled with your child's name.

24



EXCITING & NEW

WE WOULD LIKE TO INTRODUCE SOMETHING EXCITING AND NEW:

We will be having spirit week once a month. That means we would dress according to the theme of spirit day. This month we are doing Spirit Day and would like honor that by having wacky hair day on Friday, October 24!! Children came to school with their wacky hair!!! There is be some fun activities that will be done in the classroom with wacky hair!!! Please be sure to read the newsletter every month so you know what the theme is!!



On Wednesday, October 15 th is show and tell.

Please remember that for show and tell, we would like children to bring something that is somehow related to what we are learning in playschool. Items that are orange, or Halloween, start with the letters D, E, F, G or H or are square or correspond with the number 2 are items that we would like to see children bring from home. This helps in the carry over of learning from school to home. **PLEASE NOTE THIS IS THE ONLY DAY THAT TOYS FROM HOME CAN COME TO SCHOOL TOYS FROM HOME CAN GET LOST OR BROKEN AND CAUSE UPSET AS CHILDREN USUALLY DON'T WANT TO SHARE THEIR TOYS, UNDERSTADABLY.**



30

WEAR ORANGE

On Thursday, October 30 th is wear something orange day (The teachers will be scrambling for this one. I had to buy a new shirt in Great Falls for this day)!



SICKNESS POLICY:

It seems like we are once again entering into flu season. We have added the sickness policy for your review as stated in the parent handbook. Please remember the parent handbook is located on our website under "Enrolment"

Building Blocks Childcare Centers takes precautions to provide a safe healthy environment for your child. Please help us keep your child home for at least 48 hours after the last symptom has occurred for the following:

- He/she had a fever in the last 48 hours
- He/she had diarrhea or vomiting in the last 48 hours
- He/she has a cold with heavy nasal discharge or discharge that is colored
- He/she has an unexplained cough
- He/she is irritable and generally not his/her self
- He/she has symptoms of a communicable disease
- Has an unexplained rash
- Has colored discharge in the corner of their eye

If your child becomes sick while at our center we will contact you to come pick up your child. If you cannot be reached we will notify the emergency contact person. The child will be kept comfortable and closely monitored until your child is picked up. Please be sure to sign the illness / incident forms upon pick-up.

Please inform us if your child has been exposed to a contagious disease so that we can notify the other parents and be alert to the first sign of illness. If your child contracts a contagious disease please notify us and consult your doctor as to when your child can return to daycare.

Please note that it is Alberta Child and Family Service's policy that we require a doctor's note before your child can come back to school if you are called to come and pick up your child for a cough or rash. This note needs to state that your child is not contagious and when your child can come back to daycare.

Please note that we reserve the right to enforce a longer time period of exclusion over and above the doctor's recommendation if we feel your child still poses a health risk.

Please note that Building Blocks Childcare Centers excludes children for lice, bed bugs, worms, pink eye and chicken pox. If your child is sent home with lice, the child will be excluded for 48 hours and must come to the office to be checked before returning to class. For chicken pox and bed bugs, a child may return to the center after there is no fluid present in any pox or bite and no new ones have formed. Pink eye: a child may not return to daycare for at least 48 hours and no eye discharge present.

Building Blocks Childcare Centres realizes that sometimes children will present with symptoms such as diarrhea and fever during teething and after immunizations however we still must treat these symptoms as being potentially contagious therefore your child will be still be excluded for a period of 48 hours.



CLOSURE DATES:

Please take note there will be no school on:

Thursday, October 9 th

Friday, October 10 th

Monday, October 13 th
for Thanksgiving.



HALLOWEEN PARTIES

will be held on Friday, October 31 st and will take place at 2:00pm for our Crescent Heights, Southlands and Southview daycare children. Please feel free to join us at school at that time. Children can come to school dressed up in their costumes in the morning or the teachers can help put them on after lunch. Sign up sheets for party food will be posted on the parent board or in your child's classroom for you to pick one or more of the edible snack items that are required for our party (siblings and grandparents are more than welcome to come as well). These items include cheese strings, pretzels, uniced cupcakes, icing, Halloween sprinkles, cups, plates, popsicle sticks, and juice. Most of the snack items can be brought before the party day. During this time, you and your child will enjoy making and eating some spooky snacks. If you have any questions or concerns, please do not hesitate to talk to myself, Andrea Coulombe, or your child's teacher.



PARENTS GOING INTO CLASSROOMS:

While we understand that you would like to go into your child's classroom at drop off or pick up, we would strongly encourage you to please wait at the gate/door and drop off /pick up your child. There are many reasons for this including but not limited to mitigating the risk of spread of illness and emotional repercussions of your child or other children in the classroom.

Please remember to bring in an individual wallet size picture of your child as well as a family snapshot for our family quilt board.

Please remember to label all of your child's items including their backpack. This really makes things easier if items are labeled.

Please remember to bring a water bottle, which can be left in your child's backpack and used when needed.

Please remember to bring an extra change of clothes for your child.

Please be sure to initial and return your child's communication books because we cannot continue writing in them if your child does not bring it back to school.

Please make sure you are checking your child's backpack and parent board every day. On a regular basis items are placed in your child's backpack that are ready to be sent home. Also, important messages are posted on the parent board for you to read so please take the time to do so when you bring your child in.



Thank you for your patience and consistency with your children as they adjust to a new environment and routine. It does sometimes take a while for them to become comfortable with the whole school thing. You as a parent are doing the best thing for your child to continue to bring them on their scheduled school days as this helps them with the transition a lot faster. We hope that your child is enjoying school as much as we enjoy having them and watching them learn new things, especially our circle time songs. Sometimes it is hard for us to keep singing when these little ones are singing along!

*Sincerely,
Andrea Coulombe
Director of Programs*

Please be sure to check the closures list posted on the parent board, on the outside glass doors and also on our website.

If you enjoy making playdough and would like to make it for our school please speak to your child's teacher. Thank you for your consideration.

If you have any spare paper or craft supplies of any kind that you are not sure what to do with, please feel free to bring it school! We can always use items like that.

OCTOBER '25

EDUCATING THROUGH
♥ LOVE, LAUGHTER, ☺
✎ FRIENDSHIP & FAMILY 🏠

SUN	MON	TUE	WED	THU	FRI	SAT
28 SEPTEMBER	29 SEPTEMBER	30 SEPTEMBER	1	2	3	4
5	6	7	8	9 CLOSED PD	10 CLOSED THANKSGIVING	11
12	13 CLOSED THANKSGIVING	14	15 SHOW AND TELL	16	17	18
19	20	21	22	23	24 WACKY HAIR DAY	25
26	27	28	29	30 WEAR ORANGE	31 HALLOWEEN PARTIES	1 NOVEMBER



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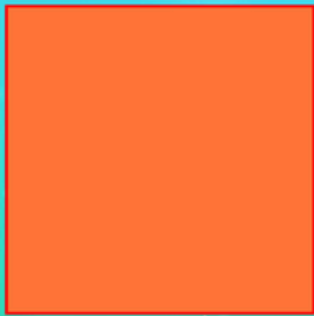
THINGS WE ARE LEARNING IN **OCTOBER**

THEME:



THANKSGIVING, HALLOWEEN

SHAPE:



SQUARE

COLOR:

ORANGE



LETTERS:

D **e** **F** **G** **H**

NUMBER:

2



OCTOBER'S BAKING

MAKE YOUR OWN APPLE SAUCE

INGRIDIENTS:



4 APPLES - PEELED, CORED
AND CHOPPED



1/4 CUP WHITE SUGAR



3/4 CUP WATER



1/2 TEASPOON
GROUND CINNAMON



1

COMBINE APPLES, WATER, SUGAR, AND CINNAMON
IN A SAUCEPAN;



2

COVER AND
COOK OVER MEDIUM HEAT UNTIL APPLES
ARE SOFT, ABOUT 15 TO 20 MINUTES.



ALLOW APPLE MIXTURE TO COOL

3



4

THEN MASH WITH A FORK OR POTATO MASHER UNTIL
IT IS THE CONSISTENCY YOU LIKE.

ENJOY!





OCTOBER'S CRAFT

HAND PRINT APPLE

WHAT YOU NEED:



GREEN PAINT



RED PAINT



1 PIECE OF
WHITE PAPER

WHAT YOU DO:

1



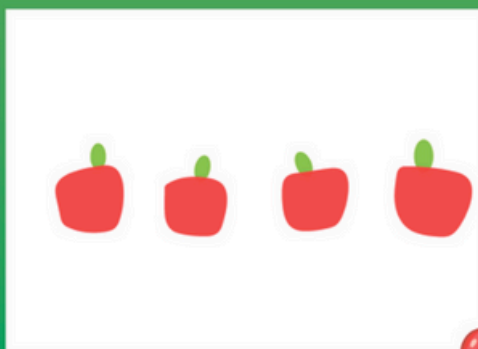
PAINT JUST THE PALM WITH RED PAINT AND THE MIDDLE FINGER (ONLY HALFWAY UP) WITH GREEN PAINT.

2



PRESS DOWN ON THE PAPER

3



ENJOY YOUR ALWAYS RED
APPLE WITH A CUTE LITTLE

